## SEXUAL HEALTH INVENTORY FOR MEN (SHIM)

## Over the past 6 months:

•				
1. How do you rate you	ır confidence that you c	could get and keep ar	n erection?	
1	2	3	4	5
VERY LOW	LOW	MODERATE	HIGH	VERY HIGH
2. When you had erect	tions with sexual stimula	ation, how often were	your erections hard eno	ugh for penetration?
1	2	3	4	5
ALMOST NEVER OR NEVER	A FEW TIMES (LESS THAN HALF)	SOMETIMES (ABOUT HALF)	MOST TIMES (MORE THAN HALF)	ALMOST ALWAYS OR ALWAYS
3. During sexual interc your partner?	ourse, how often were	you able to maintain y	your erection after you ha	ad penetrated
1	2	3	4	
ALMOST NEVER OR NEVER	A FEW TIMES (LESS THAN HALF)	SOMETIMES (ABOUT HALF)	MOST TIMES (MORE THAN HALF)	ALMOST ALWAYS OR ALWAYS
4. During sexual interc	ourse, how difficult was	it to maintain your er	rection to completion of i	ntercourse?
1	2	3	4	5
EXTREMELY DIFFICULT	VERY DIFFICULT	DIFFICULT	SLIGHTLY DIFFICULT	NOT DIFFICULT
5. When you attempte	d sexual intercourse, ho	ow often was it satisfa	actory for you?	
1	2	3	4	
ALMOST NEVER OR NEVER	A FEW TIMES (LESS THAN HALF)	SOMETIMES (ABOUT HALF)	MOST TIMES (MORE THAN HALF)	ALMOST ALWAYS OR ALWAYS
Add your score from	1 questions 1 - 5 abov	e and fill in to the	right TO	ΓAL:
Add your score non	1 446300113 1 - 2 0DO		10	



SYMPTOM SCORE: 1 - 7 (Severe ED) 8-11 (Moderate ED) 12-16 (Mild-Moderate ED) 22-25 (No Ed)